Sheri Salata is a writer/producer, co-founder of the thepillarlife.com, and co-host of the podcast The Sheri + Nancy Show.

Her current ventures are the evolution of her 20-year career with Oprah Winfrey. Her action-packed days as executive producer on The Oprah Winfrey Show were chronicled in the acclaimed docuseries Season 25: Oprah Behind the Scenes.

Sheri also served as co-president of Harpo Studios and OWN, the Oprah Winfrey Network.

Sheri has been named one of Fast Company’s 100 Most Creative People in Business, the Hollywood Reporter’s Women in Entertainment Power 100, and the 2017 Feminist Press Power Award winner.

Her first book, The Beautiful No, will be published on June 4, 2019, by Harper Collins.

Sheri is a proud Hawkeye and University of Iowa alum. She received the University of Iowa’s Distinguished Alumni Achievement Award in 2014.

She lives in Napa Valley.